

Celebrating Our Spiritual Unfoldment Since 1981

Arlington Metaphysical Chapel
News and Information

Vol. 32, No. 2
February 2012



ARLINGTON METAPHYSICAL CHAPEL NEWS

Minister's Message

Dear Mark,

Our congregation is as diverse as the community we live in. Within the congregation individual spiritual paths and needs are unique.

Arlington Metaphysical Chapel strives to provide services, classes and fellowship that will assist all on their journey. To this end the Sunday morning, Sunday evening, Tuesday Meditation and Wednesday All Message services are each designed to address different facets of spiritual growth. If you have not attended one of these services you may find that it addresses another aspect of your path. Our Sunday adult study, and other classes and functions are also carefully selected and designed to align with our principles of Divine Metaphysics.

Our intention is that through the study and practice of Divine Metaphysics one will "experience" greater peace and joy.

We extend a hearty invitation for you to visit our chapel for our services, classes and events. You can see our calendar on the website.

I look forward to meeting you.

Yours in Spiritual Service,

Jim Wilkins
Interim Pastor
Arlington Metaphysical Chapel



Rev. Jim Wilkins

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Calendar

February 2012						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

Wednesday, February 1

7:30 pm - All Message Service -
Rev. Steven Woods (\$20 donation)

Thursday, February 2

7:45 pm - Choir Rehearsal

Saturday, February 4

10:00 am - 12:00 noon -
Transfiguration Class - Rev. Steven
Woods

Sunday, February 5

9:45 am - Adult Study
10:30 am - Spiritual Healing
11:00 am - Worship Service -
Revs. Jim Wilkins/Linda Whitsett
7:30 pm - Healing Service - Rev.
Linda Whitsett

Monday, February 6

AMC Board News

by Suzanne DeBerry, President
Board of Trustees

Listed here are the highlights of the November and December 2011 Board of Trustees' meetings and the Annual Membership Meeting in January.

Committee reports

- 1 Outreach: Ed Snyder reported on Captain Stillwell's October visit for the Children's Burn Unit. He made a lively presentation and stayed for fellowship to answer questions. A total of \$404 was collected via special offerings.
- 1 Communications: Mark Stein reported that he will continue as editor of the newsletter. However, to save time and expenses he will no longer create the printed version. All updates will be made online and readers can go to our website and print a copy if they desire. Copies of the calendar will be created, printed, and available in the narthex and online.
- 1 Yard Sale: Suzanne DeBerry reported that the proceeds from the yard sale were \$2,800. Many unsold items were donated to thrift stores, homeless groups, animal rescue organizations, and a book sale.
- 1 Landscaping: Wendy Welhaf reported that she will donate the cost for turf care by Lawn Doctor for 2012.
- 1 Fellowship: Alice Mayo reported that the morning fellowship is going very well.

Old Business

- 1 Constitution and Bylaws: Discussion continued and was finalized in December regarding the changes/updates to the Constitution and Bylaws. While board-approved, the changes could not be included in the January 2012 membership meeting agenda for ratification; the changes will be ratified at the September meeting.
- 1 Working with Minors: This discussion was tabled until the UMC National Board has its discussion and votes on a procedure.

New Business

- 1 Interim Pastor: Rev. Jim Wilkins volunteered to serve as interim pastor until a new senior pastor could be found.
- 1 Vacant House: A discussion was held regarding what to do with the vacant house. It was decided that for the immediate future it will remain empty and be used for meetings, classes, circles, etc.

7:30 pm - Beg. Guides and Teachers Circle - Rev. Steven Woods (RSVP)

Tuesday, February 7

7:00 pm - Healing Meditation - Rev. Robert Jackson

Wednesday, February 8

7:30 pm - All Message Service - Justin Terry (\$20 donation)

Thursday, February 9

7:00 pm - The Art of Mindful Living through Journaling - Deb Sachs

7:45 pm - Choir Rehearsal

Sunday, February 12

9:15 am - Estudios Metafisicos

9:45 am - Adult Study

10:30 am - Spiritual Healing

11:00 am - Worship Service - Rev. Jim Wilkins

7:00 pm - Spiritual Healing

7:30 pm - Lecture and Message Service - Rev. F. Reed Brown

Monday, February 13

7:30 pm - Guides and Teachers Circle - Rev. Steven Woods (RSVP)

Tuesday, February 14

7:00 pm - Healing Meditation - Rev. Robert Jackson

Wednesday, February 15

6:30 pm - Mediumship Practicum - Rev. Steve Woods

7:30 pm - All Message Service - Rev. F. Reed Brown (\$20 donation)

*

Thursday, February 16

7:45 pm - Choir Rehearsal

Sunday, February 19

9:45 am - Adult Study

10:30 am - Spiritual Healing

11:00 am - Worship Service - Rev. Mike Perry/Justin Terry

7:00 pm - Spiritual Healing

7:30 pm - Lecture and Message Service - Rev. Mike Perry/Justin Terry

Monday, February 20

no circle

Tuesday, February 21

7:00 pm - Healing Meditation - Rev. Robert Jackson

- ⌚ Search Committee: The search for a new senior pastor will be organized and begin meeting in January 2012. Board members will be: Suzanne DeBerry, president; Mark Stein, vice president; Jim Wilkins, treasurer and interim pastor; and Alice Mayo, trustee 5. There will also be one non-board member who will be chosen at the January 2012 membership meeting.
- ⌚ Resignation: Cathy Polen submitted her resignation as board secretary to be effective after the January 2012 membership meeting due to her very busy schedule. Carol Eddinger was appointed to serve out Cathy's term.
- ⌚ Art Fest: Jim Wilkins reported that the Art Fest was well-received and well-attended.
- ⌚ Search Committee: The search committee for a new senior pastor held its first planning meeting January 2012. The committee is comprised of Board members: Suzanne DeBerry, president; Mark Stein, vice president; Jim Wilkins, treasurer and interim pastor; and Alice Mayo, trustee 5. One non-board member was chosen at the January membership meeting. Seminarian Nancy Jones will also serve on this committee. Thank you to Seminarian Deb Sachs and new member Rachael Wheelock for also volunteering to serve.
- ⌚ Board elections: At the Membership Meeting the three board members whose terms expired were: Jim Wilkins, Treasurer; Wendy Welhaf, Trustee 3; and Ed Snyder, Trustee 5. They will all succeed themselves for new terms. Thank you to Inge Clayton, Deb Sachs, and Nancy Jones for also running for Trustee positions.
- ⌚ Committees: Rev. Allyson Jones will head the Rainbow Weekend planning for 2012.

AMC Board Members are: President, Suzanne DeBerry; Interim Pastor and Treasurer, Rev. Jim Wilkins; Vice President, Mark Stein; Secretary, Carol Eddinger; Trustees: Tracy Bridgham, Alice Mayo, John Nevitt, Ed Snyder, and Wendy Welhaf; and Pastor Emeritus F. Reed Brown.

Classes and Events

Spiritual Healing Service, Sunday, February 4 at 7:30 pm
Psychic Saturday, February 25 from 10:00 am - 2:00 pm.
 Mini-readings \$10, Psychic Art \$25

Classes:

- ⌚ **Transfiguration** with Rev. Steven Woods, Saturday, February 4 at 10:00 am
- ⌚ **The Art of Mindful Living through Journaling** with Deb Sachs, Thursday, February 9 at 7:00 pm
- ⌚ **Psychic Mediumship Practicum** with Rev. Steven

Wednesday, February 22

7:30 pm - All Message Service - Rev. Mike Perry/Justin Terry (\$20 donation)

Thursday, February 23

7:45 pm - Choir Rehearsal

Saturday, February 25

10:00 am - 2:00 pm - Psychic Saturday (*Registration begins at 9:30 am*)

Sunday, February 26

9:15 am - Estudios Metafisicos

9:45 am - Adult Study

10:30 am - Spiritual Healing

11:00 am - Worship Service - Rev.

Jim Wilkins/Conny Proulx

7:00 pm - Spiritual Healing

7:30 pm - Lecture and Message Service - Rev. René E. Brown

Monday, February 27

7:30 pm - Guides and Teachers Circle - Rev. Steve Woods (*RSVP*)

Tuesday, February 28

7:00 pm - Healing Meditation - Rev. Robert Jackson

Wednesday, February 29

7:30 pm - All Message Service - Conny Proulx (\$10 donation)

**Attendance at Rev. Brown's All-Message Services is limited to the first 25 people.*

Visit the [Calendar](#) page of our website for a printable calendar.

Readings and Circles

Reservations are required for all private readings and circles. Call the office at 703 276-8738 or send an e-mail to info@arlingtonmeta.com.

Rev. F. Reed Brown

Private Readings - four consecutive days per month. Next dates are February 13-16. Contact the chapel office for availability.

Rev. Steve Woods

Private Readings on Mondays

Woods, Wednesday, February 15 at 6:30 pm

Visioning Prayer

As the chapel affirms our plans for a future of growth and prosperity, the AMC Board created this visioning prayer to set our intentions. We are sharing this prayer with you, so you can participate in making our vision a reality.

Infinite Spirit, we call on your loving, creative presence to guide and support us in our vision for the Arlington Metaphysical Chapel, now and for the coming years. As we reflect on the successes of our past, we visualize the Chapel and the surrounding property immersed and blanketed in pure, white healing energy. In this light, we find and manifest the resources to best serve our membership, our congregation and our community for the coming decades. We visualize this center of light as a warm, welcoming place, where people are drawn by its positive energy, feel at home while they are here, and find the spiritual nourishment they need to live a more fulfilling life.

We visualize and manifest volunteers to support our activities with open hearts and minds, and who are rewarded by the satisfaction that true service brings.

We visualize and manifest ministers to joyfully provide the spiritual guidance and direction that our congregation seeks as they travel on their life's journey.

We visualize and manifest qualified teachers to share knowledge and wisdom with our community to help them find and understand the path to better living.

We visualize and manifest an ever-growing congregation to cross our threshold with love and desire for progression in their hearts, knowing that they have found their spiritual home.

We visualize and manifest a nurturing environment where people are inspired to reach out a hand of fellowship to anyone who is in need, and who give lovingly from their hearts to support our mission in new and greater ways.

And should these manifestations cause our mission to outgrow our space, we visualize and manifest a facility that will suitably and comfortably meet our needs with even greater warmth, love and positive energy.

Through this vision, our cup runneth over and for this we give thanks.

and Wednesdays, except as noted. Contact the chapel office for availability.

Guides and Teachers Circles - every Monday unless otherwise announced. The first Monday is a beginner's circle. First time attendees must attend this circle before coming to any other circle; others are welcome. 7:30 pm. \$25 donation.

Rev. Mike Perry

Private Readings on Monday through Wednesday, the third week of every month, except as noted. Contact the chapel office for availability.

Justin Terry

Private Readings on Monday through Wednesday, the third week of every month, except as noted. Contact the chapel office for availability.

Rev. Linda Whitsett

Spiritual Healing Sessions: Monday through Wednesday after the first Sunday of each month.

½ hour session: \$30 donation, 1 hour session: \$60 donation

About Us

The aim of the Arlington Metaphysical Chapel is the glorification of God through worship and service. Our purpose is to teach and practice the Science, Philosophy, and Religion of Divine Metaphysics as a serene way of life. We accept and promulgate the spiritual truths of Jesus the Christ and other Holy Avatars as recorded in the Holy Bible and other Sacred Scripture. Spiritual counselors are available by appointment for private consultations.

Arlington Metaphysical

All of this we set forth with an attitude of love, gratitude and caring warmth, not out of personal will and desire, but for the highest good of our community and its needs.

Om...Om...Om... Amen.

Roanoke News

The United Metaphysical Churches Headquarters



UMC Headquarters

The United Metaphysical Churches Retreat Center is located on 21 acres in the picturesque Roanoke Valley. If you have never been to the UMC Center and would like to explore the possibilities, consider coming down for one of our special weekends.

The UMC Center is also the

location for Seminary weeks in April and October for those interested in learning more about the religion of Divine Metaphysics. There are four programs of study: Ministerial, Mediumship, Spiritual Healing, or Certificate of Metaphysical Studies (CMS), or you can take classes just for fun! There are also special Seminary Weekends during the summer months, offering a selection of classes in a less formal setting.

Spirit Symposium Weekend

March 9-11, 2012

Dr. Unku, Dr. Pierce and Dr. Peebles, spirit guides of Revs. Woods, Perry and Brown, have told us they will focus on "What to Expect Beyond 2012." They will discuss "The Prophecy Trap" based on "A prophecy fulfilled is a prophecy failed" and how we can, as spiritual beings, have a responsibility to ourselves and our fellow man to be positive and not focus on the fear that follows such predictions. ALSO, the "Web Bot Project," a computer program that supposedly predicts what will happen in 2012 and beyond. The Web Bot is well-known among people today, and predicted hurricane Katrina, our current recession, and the floods and tsunamies in the East in the past several years. What does spirit think we can expect beyond 2012 and what is our role?

UMC Seminary Week

April 22-28, 2012

Join one of our programs, or simply come down to take classes. More information is forthcoming on the UMC Seminary Website at www.unitedmeta.com/seminary

For more information and detailed schedules on these and other events, visit the UMC website

Chapel

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Office Hours:

Monday-Friday 9:00 am-3:00 pm

Bookstore Hours:

During Office Hours and before or after worship services and most events.

books@arlingtonmeta.com

Interim Pastor: Jim Wilkins

Associate Pastor: René E. Brown

President: Suzanne DeBerry

This electronic newsletter is published by the Arlington Metaphysical Chapel. Submissions should be sent to the chapel in care of the News Editor, or by e-mail to news@arlingtonmeta.com,

Editor: Mark Stein, CMS

Calendar: Debra Foulks

If you would like to assist with the production of this newsletter, please contact the editor at

news@arlingtonmeta.com.



at www.unitedmeta.com. Information on weekends will also be available in the AMC Narthex as each event approaches. Call 540 562-4889 or send an e-mail to umcrke@aol.com for reservations.

Find out more about what's going on at UMC and its member churches by reading the UMC newsletter, *Spiritus*. You can find it on the UMC website by clicking the News link!

